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## Phil Mickelson adds 'mental coach' to entourage

By Michael McCarthy  
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Interesting news from Golf Channel's coverage of the PGA Championship today: Phil Mickelson has added a "mental coach" to his entourage, that includes swing coach Butch Harmon and caddie Bones Mackay.

She's Julie Elion, a mental coach based in Washington D.C., according to Golf Digest's Tim Rosaforte.

A Google search for Elion shows she's the founder and director of the Center for Athletic Performance and Enhancement (CAPE). The sports psychology's group's web site says it specializes in "working with professional and amateur athletes who seek to enhance their athletic performance through a focused approach to the mental aspects of their sport."

In her bio, Elion says she's working with 4 players from 2010 Ryder Cup team and that her clients have won 4 majors and 30 tournaments since 2000.

TV viewers could see Elion on Golf Channel's coverage Friday, standing behind Lefty as he warmed up next to Tiger Woods. According to Rosaforte:

Mickelson doesn't want to go into detail on what they work on, but inside the camp Elion is credited, in part, with Phil's enthusiastic attitude during tough links conditions that resulted in his T-2 at the British Open. Elion works with 10 players on the PGA Tour, including J.B.Holmes.

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